

WEEKLY SAFETY MEETING

FOR THE CONSTRUCTION INDUSTRY

 SAFETY MEETING OUTLINES Box 700, Frankfort, IL 60423 815-464-0200 No. 24 Vol. 21 Week of 6/12/2023

Company Name _____ Job Name _____ Date _____

FIRST AID

No matter how hard we try to prevent them, injuries always seem to occur. Whether you're on the job or at home, you should be prepared to provide first aid. It is important to know how to treat each injury and to know when additional medical care is needed. Properly applied, immediate first aid may mean the difference between life and death and may prevent prolonged hospitalization or permanent injury. Obviously, serious injuries require immediate first aid followed by professional medical attention. All too often though, small injuries go **completely** untreated. Even something as minor as a splinter deserves attention — that's why it hurts! If not treated properly an even more painful infection may result.

Each jobsite is required to have at least one first aid kit and it must be available at all times. This means that it shouldn't be in somebody's truck, unless that truck is **always** at the jobsite. The number of kits and what each should contain vary depending on the jobsite. The contents of each kit however, must be checked at least once each week to make sure that any used or expired supplies are replaced. Establish a schedule and assign a responsible person to ensure that the contents of all of your first aid kits are checked weekly.

OSHA requires that prompt medical attention be available in case someone is injured. Someone on the site must be **certified** to provide first aid if professional attention is not available in a reasonable amount of time. A good guideline for "reasonable" is eight minutes. Is there a certified first aid provider on your jobsite? Who is it? Find out today.

Even if you aren't trained to provide first aid, there are still things that you can do to help. First, if there is someone who can provide first aid, know where to find him or her. Second, know how to call for help — memorize the emergency numbers for your jobsite, and know where the nearest phone is located. When you make an emergency call, stay as calm as possible and give the operator as much information as you can.

First aid training is available from the American Red Cross, through the National Safety Council, and from many hospitals, fire departments, and rescue squads. Get your first aid certificate. The training isn't that difficult, and it doesn't take much longer than attending a friend's funeral (a distinct alternative if you aren't able to help).

**Be prepared in the event of an emergency.
Keep basic first aid supplies in your
home, car, boat, and camper.**

SAFETY REMINDER

Special Topics For Your Project _____

Employee Safety Recommendations _____

Reviewed MSDS # _____ Subject _____

Meeting Attended By _____

Supervisor's Signature _____