

WEEKLY SAFETY MEETING

FOR THE CONSTRUCTION INDUSTRY

SAFETY MEETING OUTLINES

Box 700, Frankfort, IL 60423

815-464-0200

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No. 23

Week of 6/6/2022

Company Name _____ Job Name _____ Date _____

HAVE A SAFE SUMMER

Now that summer is finally here, let's consider some safety tips and suggestions for the upcoming months. With all the outdoor activities, social gatherings, and our daily work, we sometimes forget to take extra time to consider special seasonal hazards.

As the summer heats up we need to adapt our lifestyles and work habits accordingly. Anyone can become vulnerable to the stresses of severe summer heat. Factors such as age, size, weight, and the amount and duration of work and other physical activities can play a critical role in how our bodies deal with heat. Heat illness, if not prevented, can turn into a medical emergency, and if not treated promptly, can even cause death. Follow these guidelines to help prevent heat-related emergencies. Drink plenty of water when working outside. If possible, work earlier in the morning when it's cooler. Know the early signs of heat illness such as dizziness, weakness, and profuse perspiration. Recognize the importance of cooling yourself before you overheat. Prevent sunburn with sunscreen and appropriate clothing.

Don't forget summertime safety around the house. It is important to be careful when grilling food. Check propane connections for leakage prior to lighting the grill. Remember that combining a highly flammable lighter fluid with an open flame can have potentially disastrous effects. Use caution and follow directions when using lighter fluid. Keep children away from hot coals and never leave a grill unattended.

Another summer pastime is swimming. We all know that water attracts both children and adults. We must take precautions to keep the disaster of a drowning or other serious pool accident from occurring. Knowing where our children are, as difficult as that can be, is extremely important around pools. Safety rules such as no running and diving, in conjunction with adult supervision, can keep this fun activity both safe and refreshing. Again, watch out for the effects of the sun while you're having fun.

Summertime is a time to enjoy. A time for fun and outdoor activities. Utilize these helpful hints to prevent an emergency from spoiling the season.

Summertime is often vacation time too.

SAFETY REMINDER

**Be prepared at home, on the road, and at the hotel.
Accidents and emergencies can strike anyplace at anytime.**

Special Topics For Your Project _____

Employee Safety Recommendations _____

Reviewed MSDS # _____ Subject _____

Meeting Attended By _____

Supervisor's Signature _____

These instructions do not supersede local, state, or federal regulations.