

# WEEKLY SAFETY MEETING

FOR THE CONSTRUCTION INDUSTRY

SAFETY MEETING OUTLINES

Box 700, Frankfort, IL 60423

815-464-0200

Vol. 23

No. 27

Week of 7/4/2022

Company Name \_\_\_\_\_

Job Name \_\_\_\_\_

Date \_\_\_\_\_

## CONTROLLED SUBSTANCES

Substance abuse problems are found in people — not in bottles, capsules, cigarette papers, syringes, or pills. The scope of substance abuse problems that occur on the job is broad — ranging from the employee who comes to work hung over from the night before, to the user that tries to find a way to take drugs while on duty. Construction work requires that every worker be alert, keenly aware of his or her surroundings, and able to make good, rational decisions. Drugs and alcohol cannot be tolerated in the workplace. A co-worker's decision to drink or use drugs is no longer a personal matter when it affects your safety or the integrity of the company.

Regardless of whether they are abused or just casually used, drugs and alcohol on the job are serious safety hazards to both users and others. They impair judgement, coordination, reaction time, concentration, and perspective. You wouldn't work near a crane making a heavy lift knowing that the operator was drunk or high, nor would you want a drunk mechanic to fix the brakes on your car.

If you feel you may have a substance abuse problem, remove yourself from situations where you could put anyone in danger. If you feel a co-worker may have a substance abuse problem, report your suspicions to your supervisor before one of you is injured or killed. Help may be available from an employee assistance program, Alcoholics Anonymous, a church group, or a substance abuse crisis center.

Over-the-counter and prescription drugs can be dangerous and even addictive if not used as directed. Be sure to read the labels and follow your doctor's orders. Many of these drugs interact with alcohol and cause dizziness, nausea, drowsiness, or other more harmful side effects. Read all warning labels. Beware of drugs that have side effects such as drowsiness, and avoid activities that could endanger either you or others, like driving and operating equipment. Check the expiration date. It's not safe to take drugs after they have expired.

Finally, don't cover up for a friend by concealing or excusing addiction or abuse. Such misguided "kindness" can keep your friend from receiving real help in a timely fashion. This type of kindness has resulted in the deaths of not only abusers but innocent bystanders as well.

**SAFETY REMINDER**      **The "Assured Equipment Grounding Conductor Program" color code for July, August, and September is red. If you use this program, test and color code all electrical cords and power tools.**

Special Topics For Your Project \_\_\_\_\_

Employee Safety Recommendations \_\_\_\_\_

Reviewed MSDS # \_\_\_\_\_

Subject \_\_\_\_\_

Meeting Attended By \_\_\_\_\_

Supervisor's Signature \_\_\_\_\_