

WEEKLY SAFETY MEETING

FOR THE CONSTRUCTION INDUSTRY

SAFETY MEETING OUTLINES

Box 700, Frankfort, IL 60423

815-464-0200

Vol. 23

No. 30

Week of 7/25/2022

Company Name _____ Job Name _____ Date _____

HELP! CALL 9-1-1!

If this were an actual emergency, you could be asked to help save someone's life and you would have to act **immediately!** There would be no time to check the first aid book or review emergency procedures. Would you know what to do and what not to do? Could you handle the situation? Would that person live or die? Learn the skills you need to deal with emergencies before they arise.

Before we go any further, only people who are trained and qualified should perform CPR, provide first aid, or attempt a rescue. If you don't have the necessary training, you could easily do more harm than good. You could even become trapped or injured yourself; and the last thing we need during an emergency is **another** casualty. Even if you are not trained, you can still be helpful. In fact one of the most important steps during an emergency is to call the fire department or ambulance. Trained or not, you can handle this one. You could also meet the emergency services personnel at the entrance to the site and lead them to the problem area.

One of the best things you can do to be prepared for an emergency is to take advantage of training programs. Your employer may offer or coordinate CPR, first aid, or hazardous materials training; make time to take the classes. If you cannot take classes through work, check with the Red Cross, your local hospital, a junior college, or the fire department. Take the classes and learn the skills before you're involved in an emergency. This kind of training is a little like insurance. No one leaves the house in the morning expecting it to burn down, but you spend money on fire insurance ahead of time just in case. Hopefully, you will never have to use the CPR or first aid skills you've learned, but they'll be there just in case.

If you are trained to provide CPR remember your ABC's — Airway, Breathing, and Circulation. Those who are certified in first aid need to remember to check for breathing, control severe bleeding, and treat for shock. Never move an injured person unless it is absolutely necessary. Remember to protect yourself as you respond to the emergency. Don't rush in without checking for hazards, and use universal precautions to protect yourself from pathogens.

Thorough training and preparation is absolutely necessary **before** emergencies. Quick, appropriate action is absolutely necessary **during** emergencies. Train now so you can act later.

Emergencies don't take vacations or holidays.

SAFETY REMINDER

Make sure that you are prepared and ready at home and on vacation.

Special Topics For Your Project _____

Employee Safety Recommendations _____

Reviewed MSDS # _____ Subject _____

Meeting Attended By _____

Supervisor's Signature _____